

# On the Use of the Pendulum

By Jason Augustus Newcomb

The following passages and exercises are excerpted from my forthcoming book, "The Book of Magick Power." I am providing them here in this place as a supplement to the Zealot level of New Hermetics Practice and beyond.

## *From the introduction to "The Book of Magick Power":*

You will need to have a pendulum for several of the exercises in this book. I used to think little of the pendulum, that it was just a new-agey contrivance of little import. But then one day several years ago, my mother asked if I could "magically produce" some lottery numbers for her. I used the pendulum, and a technique that I will outline later in this book, and the numbers I produced won her six thousand dollars! I repeated a similar exercise with her a few months later, and she again won several hundred dollars. Since that time I have realized that the pendulum is an incredibly useful device for easily and directly connecting with your subconscious and other intelligences, and many practices in this book depend upon it. However, you can certainly just directly communicate with your subconscious, but a pendulum is a useful tool to filter out your conscious mind's tricky little desires and tendency to blur your communication.

A pendulum is really just anything that has a little weight attached to the end of a string. If you don't want to buy one, you can just tie a nail or a screw or a rock to a string. It can be that easy. But it is a tool with which you will commune with your subconscious, and your subconscious appreciates a little effort. I would recommend buying one. You can get a top of the line pendulum from any New Age shop for less than twenty dollars, and your subconscious will be ever so grateful for your gift.

## *Exercise 5 – The Subconscious and the Pendulum*

Time Required: 10 to 15 minutes

You are already in constant communication with your subconscious everyday, through the methods that you've just explored in the previous exercise. However, it is sometimes useful to isolate this communication, so that you are sure that you are giving your subconscious a voice, and not simply speaking for it. This simple method just allows you to remove most doubt from the process, by allowing your subconscious to communicate directly in an exterior form that you can view with your eyes. Of course, it's still possible for you to move the pendulum consciously, but if you allow your subconscious to control the pendulum, you will have an easy method of back and forth

communication. This method mostly limits the communication to yes and no questions, but it is still of great value, and there are plenty of ways to expand its possibilities.

You will need your pendulum for this exercise, so if you have not yet obtained one, now is the time to get it. Your subconscious is very childlike, and enjoys playing games. The following should be done in the spirit of fun.

1. Sit holding pendulum, so that it dangles about three inches from your fingers, comfortably.
2. Talk directly to your subconscious, telling it that you are going to be playing this game with it. Tell your subconscious that a back and forth motion means yes, and a side to side motion means no. Then demonstrate the motions with the pendulum, again going over the meanings with your subconscious clearly.
3. Now, ask your subconscious if it understands these rules, telling it to show you a yes with the pendulum. Do not move the pendulum, but allow your subconscious to use the involuntary muscles of your hand to create the movement.
4. Now ask your subconscious to show you no.
5. Ask your subconscious a few simple yes or no questions that it will know the answers to (it does not have much more knowledge than you)
6. This simple exercise has now opened the door of communication directly with your subconscious mind.
7. When you are finished, write down your observations in your journal.

### ***Exercise 39 - Consulting Your Subconscious***

Time Required: 2 to 5 minutes

Before engaging in any active magical process, whether it is one from this chapter or any other, you must consult your subconscious every time to determine if it approves of what you intend to do. If your subconscious does not approve of what you are undertaking, it will not succeed, because your subconscious provides the energy for everything. Your subconscious will also decline the operation if it goes against the will of your superconscious, because the will of your superconscious is your true will. What goes against your true will is impossible. You must allow your subconscious to communicate honestly. Do not attempt to manipulate the pendulum toward your desired answer, because this will just make everything useless, and could damage your further relations with your subconscious.

1. Before you begin anything from psychic influence to magical spell work, take your pendulum in your hand and ask your subconscious, "Are you comfortable with us doing this operation?" If yes, proceed to step 6. If no, go to step 2.
2. If no, ask why, and wait for some sort of answer. This may be a thought that pops in, an image, or a feeling somewhere in the body. If it seems unclear, keep asking until you understand why your subconscious is uncomfortable.
3. Once you understand the problem, ask your subconscious, through the pendulum, "Can we find a way of making you comfortable about this, so that we can proceed?" If no, abandon the operation. It is useless to proceed. You can resort to more yes and no questions to get greater clarity if you need to.
4. If your subconscious is willing to go ahead if you make some adjustments, then try to come up with some ways that your subconscious could be more comfortable. Your subconscious is just trying to protect you from causing harm to yourself. You might try perhaps adjusting a few details, changing the scope or scale of the operation, or else coming up with a different way in which your subconscious can continue protecting you while still allowing you to go forward with the work.
5. Ask your subconscious, through the pendulum, "Do these changes make you comfortable about doing this?" If the answer is no, you must either come up with other alternatives or abandon the operation.
6. If yes, ask your subconscious if your superconscious is really comfortable with the operation. If no, abandon the project. If yes, you are now ready to proceed.

I suggest at the opening of nearly every exercise in this book that you consult your subconscious, just to remind you that it is a good idea. However, there will be times when you may find it unnecessary. At some point in your work you will also become so connected with your subconscious and superconscious mind that it won't really be necessary to use the pendulum except on the rarest occasions. Your communication will be easy and automatic between the layers of your consciousness. You will simply know when your subconscious is opposed to what you are proposing to do, and you will be able to easily address the problems directly.